



# Antiretroviral Drug Chart

Drugs licensed for adults in New Zealand — 2016

Generic Name	Trade Name	Formulation	Standard Adult Dose	Pills/Day	Major Side-effects	Food Restrictions
<b>Fixed-dose combinations</b>						
3TC / AZT	Combivir 	Tablet comprising 150mg 3TC and 300mg AZT	One tablet twice a day	2	See 3TC and AZT	Take with or without food
FTC / tenofovir	Truvada 	Tablet comprising 200mg FTC and 245mg tenofovir	One tablet once a day	1	See FTC and tenofovir	Best taken with food, but can be taken on an empty stomach
FTC / tenofovir / efavirenz	Atripla 	Tablet comprising 600mg efavirenz, 200mg FTC and 245mg tenofovir	One tablet once a day	1	See FTC, tenofovir and efavirenz	Take on an empty stomach, preferably at bedtime
3TC / abacavir	Kivexa 	Tablet comprising 300mg 3TC and 600mg abacavir	One tablet once a day	1	See 3TC and abacavir	Take with or without food
<b>Nucleoside reverse transcriptase inhibitors (NRTIs)</b>						
3TC, lamivudine	Epivir 	150* and 300mg tablets	150mg twice a day or 300mg once a day	2 or 3	<b>Common:</b> Nausea, vomiting, diarrhoea, headache, abdominal pain, hair loss, fever, insomnia (difficulty sleeping), rash, tiredness, joint pain <b>Rare:</b> Lactic acidosis, liver damage	Take with or without food
Abacavir	Ziagen 	300mg tablet	300mg twice a day or 600mg once a day	2	<b>Common:</b> Nausea, vomiting, diarrhoea, fever, headache, abdominal pain, tiredness, loss of appetite <b>Rare:</b> Hypersensitivity reaction, lactic acidosis	Take with or without food
AZT, zidovudine	Retrovir 	100 and 250mg* capsules	250mg twice a day	2	<b>Common:</b> Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain, loss of appetite, fever <b>Rare:</b> Blood disorders, lipatrophy, lactic acidosis	Take with or without food
FTC, emtricitabine	Emtriva 	200mg capsule	200mg once a day	1	<b>Common:</b> Nausea, diarrhoea, headache, raised creatine kinase levels, skin darkening <b>Rare:</b> Lactic acidosis, liver damage	Take with or without food
<b>Nucleotide reverse transcriptase inhibitor (NtRTI)</b>						
Tenofovir	Viread 	245mg tablet	245mg once a day	1	<b>Common:</b> Nausea, vomiting, diarrhoea, flatulence, dizziness, low blood phosphate levels, weakness, rash, headache, stomach pains, fatigue, bloating <b>Rare:</b> Kidney problems, bone thinning	Take with food
<b>Non-nucleoside reverse transcriptase inhibitors (NNRTIs)</b>						
Efavirenz	Sustiva Stocrin 	600mg tablet* and 200mg capsule	600mg once a day	1 or 3	<b>Common:</b> Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, vomiting, headache, tiredness, diarrhoea, anxiety, depression <b>Rare:</b> Psychosis, severe rash, liver problems	Take on an empty stomach, preferably at bedtime
Etravirine	Intencele 	100 and 200mg* tablet	200mg twice daily	2 or 4	<b>Common:</b> Rash, peripheral neuropathy <b>Rare:</b> Severe rash (Stevens Johnson syndrome)	Take with food
Nevirapine	Viramune 	200mg tablet	200mg once a day for two weeks then 200mg twice a day	2	<b>Common:</b> 200mg once a day for two weeks then 200mg twice a day <b>Rare:</b> Severe rash (Stevens Johnson syndrome)	Take with or without food

Generic Name	Trade Name	Formulation	Standard Adult Dose	Pills/Day	Major Side-effects	Food Restrictions
<b>Protease inhibitors</b>						
Atazanavir	Reyataz 	150, 200 and 300mg* capsule	300mg with 100mg ritonavir once a day or 400mg with 100mg ritonavir once a day with efavirenz	2 or 3 §	<b>Common:</b> Nausea, diarrhoea, rash, stomach ache, headache, insomnia (difficulty sleeping), vomiting, hyperbilirubinaemia, lipodystrophy, liver toxicity, diabetes <b>Rare:</b> Kidney stones, abnormal liver function, changes in heart rhythm	Take with food
Darunavir	Prezista 	400, 600, and 800mg* tablet	600mg with 100mg ritonavir twice a day or 800mg with 100mg ritonavir once a day	2 or 4 §	<b>Common:</b> Diarrhoea, nausea, rash, stomach pain, vomiting, headache, lipodystrophy, liver toxicity, diabetes, fever <b>Rare:</b> Abnormal liver function, changes in heart rhythm	Take with food
Lopinavir / ritonavir	Kaletra 	Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day or four tablets once a day	4	<b>Common:</b> Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, weakness, heartburn, headache, raised lipids, liver toxicity, diabetes <b>Rare:</b> Changes in heart rhythm	Swallow whole. Take with or without food
Ritonavir	Norvir 	Full dose: 600mg twice a day To 'boost' other PI	Two tablets twice a day or four tablets once a day	1 - 4	<b>Common (at full dose):</b> Raised lipid and liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, headache, weakness, numbness around the mouth, bad taste in mouth, lipodystrophy, liver toxicity, diabetes <b>Common (at low dose):</b> Raised lipid levels <b>Rare:</b> Changes in heart rhythm	Swallow whole. Take with food to avoid nausea
<b>Integrase inhibitor</b>						
Raltegravir	Isentress 	400mg tablet	400mg twice a day	2	<b>Common:</b> Headache, insomnia (difficulty sleeping) <b>Rare:</b> Severe rash, hypersensitivity reaction, extreme thirst	Take with or without food
Dolutegravir	Tivicay 	50 mg tablets	50mg once a day (50mg twice daily if previous integrase inhibitor resistance or concomitant medications are interacting with Dolutegravir)	1	<b>Common:</b> Elevated cholesterol, lipase, hyperglycaemia (diabetes) <b>Rare:</b> Hypersensitivity syndrome	Take with or without food; do not take with iron or calcium supplements, antacid medications (from 6 hours before until 2 hours after the Dolutegravir dose)
*Formulation(s) shown		§ Includes ritonavir capsules(s)		Didanosine, Enfuvirtide, Indinavir & Stavudine are infrequently prescribed in New Zealand		

\*Please note: Generic versions of some drugs are available so appearances may vary.  
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