



New Zealand AIDS Foundation

Te Tūāpapa Mate Āraikore o Aotearoa



2013 Annual Report

Tuitui ātea poipoi ātea,  
whakamārohi I a tātou katoa

To Embrace, Enhance &  
Empower us all

Mission:

To prevent the transmission  
of HIV and provide support  
for people living with HIV,  
their whānau and families

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## Highlights of the Year Just Gone

**Greetings to all of you who support and relate to NZAF. In writing to you it is my job to thank you and point to the key activities of the year just gone**

It's been a year of consolidating changes and keeping the ball of success rolling faster in all areas of our work. While doing this the people at NZAF have faced some new challenges and questions as we respond to HIV as it is today.

**Progress to prevent the spread of HIV is good**, but NZAF are constantly looking at new options to take this success further. The massive 2011 reduction in HIV diagnosis for gay and bisexual men did not continue in 2012, however, over the three years since the Love Your Condom social marketing approach gained momentum, new diagnosis in NZ have reduced by 12%. I am encouraged that the independent evaluation of our social marketing showed excellent improvements in condom use for gay and bisexual men. This is not surprising as we now reach hundreds of thousands of men online each month, distribute over half a million condoms and have partnerships with over 100 organisations to promote condom use.

I test regularly for HIV and I'd encourage you to as well. **HIV testing has increased** across New Zealand by around 100% a year for several years. That's good because we now know that 1 in 5 gay and bisexual men with HIV don't know they have it. As testing increases there is likely to be some catch up in diagnosis numbers as we close this gap of undiagnosed infections.

**Health and support services have powered ahead this year.** NZAF's innovation with new P24 antigen testing technology along with taking testing to the people in places such as South Auckland, university campuses and sex on site venues, combined to increase our HIV testing by over 60% in two years. NZAF Health Services now provides over 2200 HIV tests a year as well as gonorrhoea, syphilis, Hep' C and chlamydia screening. With over 200 counselling clients a month the men and women at NZAF Health Services are working to their limits.

We have also **expanded the range of our support services** for people living with HIV through group work. This is something people asked NZAF to do and I'm pleased we listened and acted.

Being able to support sexual health services in Auckland and Christchurch in their campaigns to limit gonorrhoea and syphilis outbreaks amongst gay and bisexual men was a concrete example of how **NZAF works together with others to get things done.**

From the conversations I have had with volunteers like me on the boards of Positive Women and Body Positive and with personal friends, I know that stigma and discrimination is a huge issue. I am pleased that **NZAF has been able to fund and take part in the planning of a response to stigma** that the whole HIV Forum has agreed to.

Our African Programme has continued to expand its on-line presence and **New Zealand diagnoses in the African community remain low.**

**It was with sadness that our international work in the Pacific came to an end** this year due to lack of funding. The evaluation of our work was very positive and we continue to link the islands with New Zealand-based Pacific communities where we are able.

New Zealand's strength as a society that supports those most affected by HIV was demonstrated again with the passing of marriage equality this year. While NZAF does not take credit for this social change **we have certainly had a hand in law and human rights reform** that brought us to this place.

NZAF's achievements have required the dedicated work of many people: the people on our staff, the 200 people who volunteer, people who give money and time, Te Roopū ki a Tau o te Waka our Maori advisory group, the African advisory group, the Board, the charitable trusts who support our work and the thousands who spread our messages verbally and online. **Thank you to you all.**

My message would not be complete without mention of **the very sad passing of our Kuia Auntie Wai Mason.** Auntie Wai was a champion for the well-being of takatāpui tane and all people. Her grace and courage leave a strong legacy and a path to follow.

*Andrew Sweet*  
Trust Board Chair



## Relate with People; Combat a Virus. The year Ahead for Us

HIV is a virus but it affects people. As a group of dedicated men and women, NZAF tries to stop that virus by listening, talking and being along-side the people who are affected by it...

That is not always easy because people have different risks and needs and those needs change. By talking and sharing ideas, be it through research, conversations, hui and fono, one to one support, advertising or online exchanges, NZAF tries to bring ideas together and share what will keep people safe, healthy and able to enjoy their lives.

Listening talking and sharing with people will be at the center of what we at NZAF do in the next year.

**Love Your Condom is working.** The conversations we have with thousands of men tells with us that gay and bisexual men like being reminded about the effectiveness of condoms in a fun and up-beat sex-positive way. Its a conversation that says people care about each other and that is a good conversation to be part of. **So we will carry on with this approach.**

We have listened to people when they said that HIV testing can be scary. We have made it as accessible and as quick as we can. Having reached the limit of our capacity **NZAF will have to find ways to expand our service.** Our people will be **encouraging others to adopt innovative fast testing** so that it becomes even more accessible. Part of this will be talking to other clinical services about using fast testing. Other aspects **will include relationships with Maori, Pacific and Asian community organisations to empower them to test their people for HIV.**

The people at NZAF Health Services work with hundreds of people living with HIV. The resulting conversations have led us to expand the range of support we provide and as this conversation continues **NZAF will be looking at how we can add new support to our highly successful counselling.** The needs of people living with HIV vary considerably and change over the course of their lives. Now that we are in the third phase of the HIV/AIDS epidemic; that is the phase of living with the virus long term, NZAF needs to be open to change and to providing new supports in ways that suit emerging needs.



Tony Hughes

“Gay men face a range of health issues that impact severely on us and the health system as a whole is not doing enough to respond to these problems.”

**One key support area is the range of health risks associated with HIV.** People benefit from knowledge of these risks if they are living with the virus, particularly gay and bisexual men. We have recognised this by expanding the work of NZAF into testing and supporting the prevention of a range of STIs but there are a wider range of health issues. Cancers, heart disease, and Hep C are just some of the concerns. Our people are not able to treat or even test for all of these conditions but we can inform and share information that helps gay and bisexual men make informed decisions about their health. While individual clinicians are very dedicated **it is a quiet scandal that the health system as a whole does little to quantify or respond to health problems that are overwhelmingly gay men’s issues** and, therefore, makes it that much harder for men to make good decisions. **This is something that NZAF will be trying to change.**

Within the diversity of the people that NZAF works along-side, cultural difference plays an important role. Culture, beliefs, ways of living and how we view the world, are all integral to sexuality and health.

- It is very powerful that the **Hui Takatāpui will be held in the Waikato within Tainui in 2014** with the blessing of the Maori King. On-going relationships have been developed with over 25 organisations that support Maori and our work with Takatāpui Tane and we **will build on this base for both testing and condom promotion**
- While we are unable to keep up our work in the Pacific at the moment due to funding, **the Love Life Fono 2013** will forge stronger links between island communities and their New Zealand relations. **Courageous conversations about sex and human rights, culture and HIV will occur**

"NZAF is all about people supporting people to respond to HIV. At the heart of this is relationships and the means to good relationships is communication."

- As the number of Asian men diagnosed with HIV continues to increase we have been opening up conversations with those communities through group discussions, experimenting with events and undertaking research. **In the coming year we will work together with Asian men to find ways to better meet their needs**

The recently published research with the New Zealand African community opens some very valuable discussion about how to meet more of the needs of that community. **NZAF will review its African Programme**, building on its strengths and making changes as we continue that dialogue.

Relationships and working together is vital to responding to HIV, including all its wider health and social implications. We can all expect this to grow even more as **everyone concerned about HIV works together on the big issue of stigma in the coming year.**

**NZAF is all about people supporting people to respond to HIV.** At the heart of this is relationships and the means to good relationships is communication. We have learned a lot about communicating from the success of Love Your Condom. **In the next year people can expect to see NZAF reach out more and in new ways so that we improve the conversations we have with the community about addressing HIV in today's world.**

*Shaun Robinson*  
Executive Director



"I wish we lived in a world where its not brave to talk about HIV"

Jacob Fenstra

# Goal 1. Whāinga Tuatahi

## A significant reduction in the number of people contracting HIV

Since setting this goal in 2010 HIV diagnoses in NZ have dropped by 2% overall and 12% for gay and bisexual men. After a huge reduction in 2011 the number of diagnosis rose again in 2012, but like a ball bouncing down stairs the epidemics trend sometimes goes up on its way down.

It is too early to say if the downward momentum will continue but what we are seeing is encouraging and it is reasonable to conclude that the massive reach of NZAF's Love Your Condom prevention programme and our substantial increases in testing and counselling are making a real difference.

### Annual HIV Diagnoses in Gay & Bisexual men in NZ



Source data: AIDS Epidemiology Groups Department of Preventive and Social Medicine, University of Otago. Graph Created by NZAF

Anonymous

"I test with you guys all the time as part of my regular thing... you know staying healthy. It's real easy. I went to a GP when I was staying out of town and I couldn't believe it, I was like...what?! Ive got to wait a week to find out!"

New Zealand's condom culture is continuing to strengthen which is key to the success of HIV prevention; nearly 90% of gay and bisexual men at the 2012 Love Your Condom Big Gay Out indicated their support of condom use and in 2013 over 95% stated they mostly use condoms for casual sex when interviewed as part of the evaluation of the LYC programme. Check us out: [www.loveyourcondom.co.nz](http://www.loveyourcondom.co.nz) [www.facebook.com/loveyourcondom](http://www.facebook.com/loveyourcondom)

Testing is vital to the control of the HIV epidemic. In 2011 the NZAF collaborated with Otago University to establish that 1 in 5 gay and bisexual men in Auckland who have HIV do not know it. International evidence points to a significant proportion of new HIV infections being driven by undiagnosed HIV so bringing this figure down is critical.

- The NZAF continued its pioneering of new testing technology introducing the P24 antigen test. Coupled with continued expansion of outreach testing this innovation has increased testing by 60% in two years
- Over 2200 HIV tests were administered by the NZAF in the last year

At some point in their life, many gay and bisexual men experience a range of personal issues associated with their sexuality and sexual behaviours. The NZAF encounters these men when they test for HIV and at that time we have the opportunity to engage professionally with them at a deeper level in a way that can also reduce unsafe sexual behaviours.

- NZAF Health Services provided counselling to more than 1800 people last year.

## African Programme

The second population most affected by HIV in New Zealand are our African communities. Since 2005 NZAF has carried out an HIV prevention programme of health promotion, social marketing and community development to prevent HIV transmission among Africans based in New Zealand. HIV is predominantly transmitted through heterosexual sex in African communities in this country, and annual diagnoses are declining. However, the issue of HIV stigma affects many in the African community and is a barrier to testing and support. HIV and sexual health knowledge can be improved. There is more to be done to address HIV effectively in the diversity of African communities here in Aotearoa New Zealand.

- Over 14,000 condoms were distributed at sports tournaments, venues and community events in 2012/13. A 27% increase in a year
- More than 12000 people attended programme sponsored events
- We have continued the shift to online engagement with African communities with Facebook followers growing and the website [www.lovecoverprotect.co.nz](http://www.lovecoverprotect.co.nz) having over 1200 users in the last six months



Patrick Salmon

“Working together collaboratively has always been a foundational custom of our (Maori) people to ensure a job is done well. Growing awareness around the importance of playing safe or loving safe is a subject of priority to ensure the health and wellbeing of our people prospers brightly into the future.”



## Goal 2. Whāinga Tuarua

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The NZAF provides responsive and culturally appropriate services that provide opportunities for people living with HIV, their whānau and families, to maximise their wellbeing

The roots of NZAF are in people supporting people affected by HIV and AIDS. This role has changed and continues to change with the HIV epidemic. In the first phase of the epidemic where HIV led to AIDS and death, support meant palliative care. The development of antiretroviral medications (ARVs) in the 1990s created phase two – very few people now die of AIDS. Phase three of the epidemic is long term health management and support of wellbeing. The experience of living long term with HIV continues to break new boundaries. NZAF now plays a range of roles that work in collaboration with other organisations to enhance services and provide opportunities for people living with HIV.

- Therapeutic groups were started in Auckland and Wellington at the request of people living with HIV
- Held the first joint south island retreat for people living with HIV (involving Body Positive, Positive Women, NZAF and INA) with great participant feedback
- Took steps towards addressing HIV stigma by working with the HIV Forum members to develop an action plan
- In the last year, over 100 social support sessions were provided to people living with HIV



## Goal 3. Whāinga Tuatoru

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The NZAF has a strong and broad evidence base that informs all aspects of its work

NZAF has led New Zealand's success in responding to HIV because it has always valued science and evidence as the basis for action. In a world where more than 10,000 scientific papers are produced on HIV each year, staying on top of the evidence is a challenge. Even in this context there are aspects to the New Zealand epidemic where the best evidence is based on culture, experience and anecdote. NZAF draws on all of these threads to inform what we do.

- Love Your Condom, NZAF's condom promotion programme for gay & bisexual men, was externally evaluated and showed extremely good results. Men reported significant increases in condom use
- Analysed the range of health risks associated with HIV, particularly for gay and bisexual men
- Supported the further development of the Gay Auckland Periodic Sex Survey (GAPSS) and its online equivalent GOSS
- Created the NZAF Research Fellowship at Auckland University so as to support on-going research into the New Zealand HIV epidemic and gay and bisexual men's health
- Advised on vaccination policy for HPV which causes genital warts and anal cancer
- Collaborated with Massey and Otago University researchers to support research into the HIV related attitudes behaviours and issues among New Zealand's African communities





## Goal 4. Whāinga Tuawhā

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The NZAF has a shared vision with organisations committed to HIV prevention and healthcare, and the communities most at risk of HIV have a sense of ownership of that vision

HIV affects many thousands of people in New Zealand directly and indirectly. We all need each other as we respond to the epidemic. NZAF have worked on relationships and collaborative projects in the last year.

- Our Community Engagement people have partnered with over 100 venues, groups and organisations to get condoms and the LYC message out there
- The HIV Forum – a “round table” of all the groups with an interest in HIV which is brought together by NZAF, has helped to increase access to treatments, made progress on a plan to address stigma and advocated for changed health policy
- A collaborative process between NZAF, Body Positive, Positive Women & INA has produced three issues of HIV New Zealand magazine
- NZAF and INA created a relationship agreement and have worked together on retreats for people living with HIV, and sexual health promotion events
- Our board met with their counterparts in Body Positive, Positive Women and the African advisory group
- NZAF people have offered services, information and support at a wide range of events from training of clinical staff to retreats for people living with HIV to other organisation’s planning and board meetings



The NZAF sincerely thanks all those who made financial contributions to support our work in 2012/13; including regular donors, one off donors large and small and those who contributed via on-line donations to the Getting to Zero campaign and the Date for Good campaign.

## Grants & Sponsors

ANZ National Bank  
 ASB Community Trust  
 Auckland Council  
 Betty Campbell Grant – Wellington City Council  
 Ernest Davis Hyam Estate – Guardian Trust  
 First Sovereign Trust Ltd  
 Lion Foundation  
 Mt Wellington Foundation Ltd  
 NZ Lottery Grants Board  
 Pub Charity  
 Queen of the Whole Universe  
 Reckitt Benckiser (NZ) Ltd - Durex  
 Sargood Bequest Trust  
 Secretariat of the Pacific Community  
 Sky City Auckland Community Trust  
 Studio 23  
 The John Mitchell McLachlan Trust – Guardian Trust  
 The Southern Trust  
 The Trust Community Foundation  
 Thomas George McCarthy Trust – Public Trust  
 Urge Bar & Caluzzi Bar

## NZAF Trust Board

Andrew Sweet  
 Board Chair  
 Dr Paul Bohmer  
 Deputy Chair  
 Dr Massimo Giola  
 David Friar  
 Simon Randall  
 Kathryn Leafe  
 Stephen Rainbow  
 Vaughan Meneses

*Please Note: The NZAF would like to thank RSM Price Chartered Accountants for their accounting services*

Grants & Sponsors involved with NZAF for the year ended 30 June 2013.



The figures seen on this page have been extracted from the full audited financial statements, a copy of which can be obtained from the NZAF National office

09 303 3124 [www.nzaf.org.nz](http://www.nzaf.org.nz)

## Statement of Financial Performance

For the Year Ended 30 June 2013	2013 \$	2012 \$
<b>Income</b>		
Ministry of Health Income	4,228,484	4,227,590
Grants - Special Projects	81,026	36,294
Secretariat of the Pacific Community	275,376	140,111
Fundraising NZAF Events	141,917	90,165
Donations / Bequests	51,906	74,530
Pharmac	39,003	54,277
Membership	913	457
Consultancy / Other Income	2,729	5,674
Interest	21,816	26,015
<b>Total Income</b>	<b>4,843,170</b>	<b>4,655,113</b>
<b>Expenses</b>		
Office Resourcing	402,505	533,270
Board Expenses	32,603	54,113
Communication, Fundraising & Events	287,483	135,174
Depreciation	71,918	98,009
HIV Prevention	998,948	914,980
International Programme - Health Promotion	143,653	33,237
Health Services	219,076	110,588
Research, Analysis & Information	18,077	21,145
Personnel	2,303,261	2,393,686
National Support Services	153,633	101,457
Travel	145,719	112,515
<b>Total Expenses</b>	<b>4,776,876</b>	<b>4,508,174</b>
<b>Net Surplus</b>	<b>66,294</b>	<b>146,939</b>

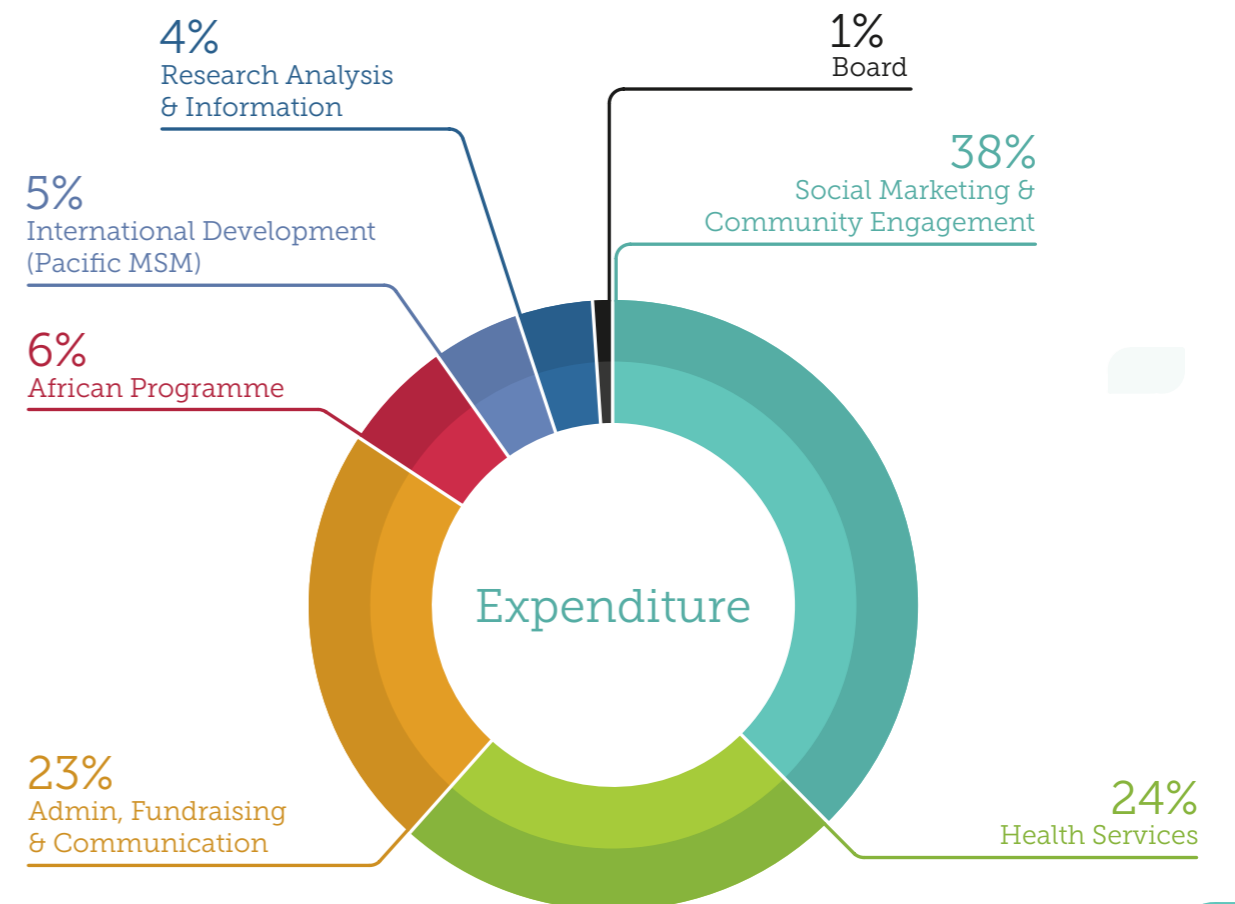
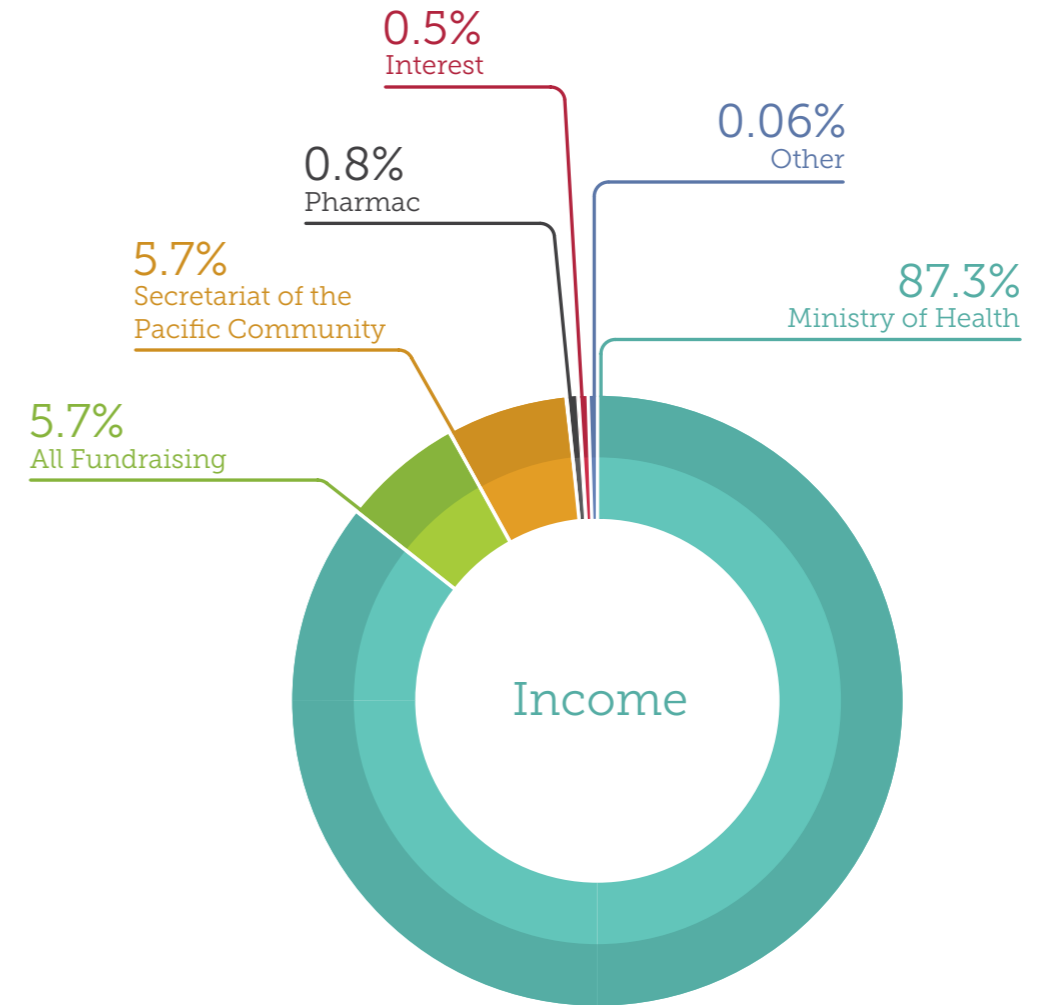
Please Note: after transfers of \$50k to support research & \$10k for building maintenance NZAF was left with \$6,294

## Statement of Financial Position

As at 30 June 2013	2013 \$	2012 \$
<b>Funds</b>		
Accumulated Funds	1,668,019	1,661,725
Building Reserve	26,500	16,500
Research Reserve	111,600	61,600
<b>Total Funds</b>	<b>1,806,119</b>	<b>1,739,825</b>
<b>Represented By:</b>		
<b>Current Assets</b>		
Accounts Receivable	12,787	50,366
ANZ Bank Accounts	33,746	76,185
Other Assets	68,304	25,985
Tax Receivable	96,075	43,459
<b>Total Current Assets</b>	<b>210,912</b>	<b>195,995</b>
<b>Less: Current Liabilities</b>		
Accounts Payable	393,631	181,286
Other Creditors & Accruals	317,619	325,781
ANZ Bank Loan	-	300,000
<b>Total Current Liabilities</b>	<b>711,250</b>	<b>807,067</b>
<b>Working Capital</b>	<b>(500,338)</b>	<b>(611,072)</b>
<b>Non-Current Assets</b>		
Property, Plant & Equipment	2,306,457	2,350,897
<b>Net Assets</b>	<b>1,806,119</b>	<b>1,739,825</b>

## Statement of Changes In Equity

For the Year Ended 30 June 2013	2013 \$	2012 \$
Total Funds at start of year	1,661,725	1,519,286
Net surplus / (deficit) for the year	66,294	146,939
Transferred (to) / from Research Reserve for the year	(50,000)	-
Transferred (to) / from Building Reserve for the year	(10,000)	(4,500)
<b>Total Recognised Revenue &amp; Expense</b>	<b>6,294</b>	<b>142,439</b>
<b>Total End of Year Funds</b>	<b>1,668,019</b>	<b>1,661,725</b>





"It's the isolation and loneliness... even gay men don't want to know...the chance to talk in a group situation was something I really wanted"

## Role of the New Zealand AIDS Foundation

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The NZAF is New Zealand's national HIV prevention and health services organisation. The work of the NZAF includes HIV prevention and community engagement, testing and health services, science and advocacy and is funded primarily by the New Zealand Ministry of Health.

The NZAF is a registered charity that grew out of gay community initiatives in the 1980s and today brings history, passion, commitment, expertise and diversity to meet the emerging trends of the HIV epidemic and the changing needs of the communities it serves.

### NZAF National Office

- ☎ 09 303 3124
- ✉ [contact@nzaf.org.nz](mailto:contact@nzaf.org.nz)
- 📍 31 Hargreaves Street  
St Mary's Bay  
Auckland, 1011

### NZAF Burnett Centre

- ☎ 09 309 5560
- ✉ [contact.burnett@nzaf.org.nz](mailto:contact.burnett@nzaf.org.nz)
- 📍 35 Hargreaves Street  
St Mary's Bay  
Auckland, 1011

### NZAF Āwhina Centre

- ☎ 04 381 6640
- ✉ [contact.awhina@nzaf.org.nz](mailto:contact.awhina@nzaf.org.nz)
- 📍 Level 1, 187 Willis Street  
Wellington, 6011

### NZAF Te Toka Centre

- ☎ 03 379 1953
- ✉ [contact.tetoka@nzaf.org.nz](mailto:contact.tetoka@nzaf.org.nz)
- 📍 253 Cashel Street  
Christchurch, 8011



📞 0800 80 2437

🌐 [www.nzaf.org.nz](http://www.nzaf.org.nz)